




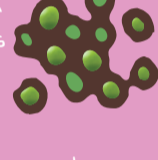










.....'s

super scrummy, touchy feely sensory playday chart



Tick off when your little one experiences a new foodie taste, smell, feel, sight or sound

	smells suupper	ticking tastes	sounds scrummy	looks lovely	touchy feely		smells suupper	ticking tastes	sounds scrummy	looks lovely	touchy feely
 creamy avocado	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	 fluffy cauliflower	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 shiny aubergine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	 smooth mango	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 zingy pineapple	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	 poppin' peas	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 bumpy broccoli	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	 fuzzzy peach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 scrummy butternut	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	 furry kiwi	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 crunchy carrot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	 juicy strawberry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 curvy courgette	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	 bobbly sweetcorn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

top tips



Under 12 months
Any sensory experience for babies is a good one, so don't worry if they can't get involved in all the games yet!

Remember
Little ones don't have to taste everything. Just touching food and even looking at it still counts as a sensory experience.

Pssst
Not all foods make a noise when they take a bite, but might make a nice bubbling noise as it cooks, or a squishy noise as they chew.

Take a peek in your sensory play activity book for lots of ideas or visit the Ella's website!




wall of fame

loudest noise

funniest feeling

brightest food

funniest smell

bestest taste

list some of their favourites