



Monday



Breakfast

Totally Tropical Pancakes



Activity

Build a mini obstacle course out of cushions for your little one to climb



Lunch

Cheesy Garlic + Herb Squares



Foodie fun

Tasty Green Turtles



Dinner

A-maize-ing Fish Fingers





Tuesday



Breakfast

Easy Cheesy Egg Bread

from
7
months



Activity

Music time!

Sing your little ones favourite nursery rhymes and encourage them to clap to the rhythm!

from
9
months



Lunch

Have a finger food floor picnic!

Try hard boiled egg wedges, slices of cheese, cooked veg sticks + omelette fingers

from
10
months



Foodie fun

Courgettepillar

from
12
months



Dinner

Mushroom and Lentil burgers

from
7
months





Wednesday



Breakfast

Rise + Shine Coconut Quinoa Porridge (Dairy Free)



Activity

Gather items like toys or books for your little one to take out of a container and pop it back in!



Lunch

Green Bean Pesto Pasta



Foodie fun

Fluttery Berry Butterflies



Dinner

Cheesy Broccoli + Potato Gratin





Thursday



Breakfast

Oats, Bananas + Mixed Spice Puree

from
10
months



Activity

Watch your little one as you blow bubbles for them to chase!

from
7
months



Lunch

Veggie Omelette Fingers

from
10
months



Foodie fun

Cheesy Feet Pizzas

from
12
months



Dinner

Easy Cheesy Feet Pizzas

from
10
months

Friday



Breakfast

Spiced Brekkie Hash-Up -
blitz up for 7 months+

Blitz up!

from
7
months

from
10
months



Activity

Go on a scavenger hunt!
Make a list of things to find like wiggly
worms, crunchy leaves + pretty flowers!

from
7
months



Lunch

Sweetcorn + Chive Pancake
Fingers (Dairy Free)

from
10
months



Foodie fun

Boonana Ghosts

from
12
months



Dinner

Very Veggie Pizza Wraps (Dairy Free)

from
10
months